

**Level :MS4**

**Timing 1H30**

**Second English Examination.**

**Text:**

**Journalist:** Are your eating habits healthy?

**Sarah :** My eating habits are not healthy. I do not usually eat vegetables and fruits, and I do not drink a lot of water. My decision for this year is to change my diet by reducing the amount of fast food and sugar which I eat. Last week, I read an article that explained how a lot of teenagers have become obese because of fast food. So, people, including myself, must stop eating fast food and instead, increase their vegetables. Changing one's eating habits is difficult, but it is worth the effort.

**Moe :** At home, eating healthy is a rule. My parents don't permit a soda in the house, and sports are a must.

My parents are sport crazy, so naturally my sister and I are. There isn't any junk food, potato chips, cookie, etc... in my household. We rarely have ice cream. But eating healthy and exercising like this helps you live longer and feel better.

*Adapted from:* <http://learning.blogs.nytimes.com/2011/01/25/are-your-eating-habits-healthy/comment-page-2/#respond>

**PART ONE (14pts)**

**I) READING COMPREHENSION: (07 Pts.)**

**a) Read the text carefully and answer the following questions:( 02Pts.)**

- 1/ Is Sarah's diet healthy or unhealthy? why or why not?
- 2/ Does Moe's family practise sports?

**b) Read the text again and say: TRUE, FALSE or NOT MENTIONED:( 03 Pts.)**

- 1/ The journalist is from The New York Times newspaper.
- 2/ Sarah eats a lot of fast food.
- 3/ Eating vegetables isn't very healthy.

**LEXIS: 1/ Match each word with its appropriate meaning: (02 Pts.)**

- |           |  |
|-----------|--|
| 1. diet   | a. something necessary                       |
| 2. reduce | b. very fat or overweight                    |
| 3. must   | c. the foods eaten by a particular person    |
| 4. obese  | d. to lower in degree, amount, etc...ealthy. |

**II) MASTERY OF LANGUAGE: ( 07 Pts.)**

**a): Re-order the following words to get a coherent sentence:( 02 Pts.)**

many- soda – on- has – Drinking- risks- health -your.

**b) Complete the table: (03 Pts.)**

<i>adjective</i>	<i>comparative</i>	<i>superlative</i>
<i>difficult</i>	.....	.....
.....	<b><i>Crazier than</i></b>	.....
.....	.....	<b><i>The worst</i></b>

**put each word into its corresponding box according to the pronunciation of the letters written in bold: ( 02 Pts.)**

*-diet- there-explained-how*

<i>/ai/</i>	<i>/ei/</i>	<i>/aʊ/</i>	<i>/eə/</i>

**Part Two: Situation of integration (6pts)**

Do you think the Algerian eating habits are like the ones of other people in the world?

Write a composition of about ( 08 to 10 lines )in which you talk about :

- *The Algerian meals.*
- *What they consist of.*
- *Their times.*
- *Healthy or not healthy*