

## SECOND TERM EXAM

### PART ONE: Reading and Interpreting

(15 Points)

Read the text carefully then do the following activities.

Children find themselves among a complex society that is undergoing changes. Wafers, chips, colas, pizzas and burgers are suddenly the most attractive food items for them. The consumers rapidly seem to have stepped into a world of fast foods and vending machines but totally unaware of the havoc they are creating for themselves and their impact on their health.

Junk foods comprise anything that is quick, tasty, convenient and fashionable. Clever junk food advertising and the taste drag people to junk food addiction. Due to globalisation, they have become an integral part of life in the developed and also the developing world, and coming with a massive increase in obesity and associated problems.

The key to stop eating these junk foods is moderation, occasional consumption and preferably in small portions. It is not impossible to win war against junk foods. However, one must be cautious: the attraction is so strong that you will be easily addicted. Therefore, it is all in our hands to choose junk food or health. "Eat healthy and live healthy" is one of the essential requirements for long life.

Adapted from Journal of Krishna Institute of Medical Sciences University

#### A. COMPREHENSION

( 08 pts)

1. Copy the title you think is the most appropriate. (01)

- a- Effects of Junk Foods on Health.
- b- Obesity and Junk Foods.
- c- Children, Health and Globalisation.

2. Are the following statements true or false? Write T or F next to the letter corresponding to the statement. (02)

- a. Globalisation has not encouraged the consumption of junk foods.
- b. The consumers ignore the effects of junk foods.
- c. Junk foods affect the industrialised and developing countries as well.
- d. Eating small amounts of junk foods and in rare opportunities can help the consumers change into better eating habits.

3. In which paragraph is it mentioned that.....? (01)

- a. There are various solutions to stop eating junk foods.
- b. Contemporary societies are experiencing new waves of change.

4. Answer the following questions according to the text. (02.5)

- 1. Give two examples of junk foods.
- 2. List the three factors that make the consumers addicted to junk food.
- 3. Why do consumers need to reject junk foods?
- 4. Is it possible to refrain from eating junk foods?

5. Who or what do the underlined words refer to in the text? (01.5)

- a) for them. (§1)
- b) their impact...(§1)
- c) in our hands...(§3)

**B. TEXT EXPLORATION**

(07 Pts)

**1. Lexis:**

**a. Find words in the text whose definitions follow: (01)**

- a. The fact of putting on much weight. (§2)
- b. Unable to stop taking, using or doing something as a habit. (§3)

**b. Find in the text words or phrases that are opposite in meaning to: (01)**

conscious (§1) - careless (§3)

**2. Complete the chart as shown in the example. (02)**

	Noun	Verb	Adjective
Example:	Taste	To taste	Tasty
	.....	.....	Complex
	Addiction	.....	.....

**3. Combine each pair of sentences with the connectors given between brackets. Make changes where necessary. (01)**

- a. The attraction of junk foods is so strong that you will be easily addicted to them. (Owing to)
- b. The consumers will eat junk foods moderately. They will win the war against them. (Provided that)

**4. Classify the following words according to the stressed syllable. (01)**

moderation – globalisation – increase (N) – essential

First syllable	Second syllable	Third syllable	Fourth syllable

**5. Fill in the gaps with only 4 words from the list given. (01)**

healthy - took – eating- stop - diagnosed -blind

An English boy who eats French fries and potato chips has been left...1.... due to the extreme vitamin deficiency in his diet. One of the doctors who treated the "fussy eater" over three years, said he was previously healthy and.....2..... no medicines. She .....3.....him with anemia and a deficiency in vitamin B12 and vitamin D. She gave the boy B12 injections and told him he would have to start .....4..... a well-balanced nutritious diet.

**PART TWO: Written Expression**

(05 pts)

**Choose one of the following topics**

**Topic 01: Using the following notes, write a speech of about 70- 80 words** advising and urging the pupils of your previous primary school to follow the healthy eating habits.

Breakfast is important - family mealtimes are a chance to share and talk - drink plain water - physical activity is an important part of good health - limit screen time – wean off junk foods - discourage eating and talking at the same time.

**Topic 02: Write a composition of about 70- 80 words on the following topic:**

How should people react when they witness any form of corruption in their daily life?



All the best



